

Sources of Information

We recommend that before embarking on discussions and activities, that you explore some or all of the material suggested below.

Please note that a number of these sources make reference to specific individuals, groups or websites. Best practice guidance is to avoid making reference to specific individuals or sources where possible, in order to ensure that students can extend their understanding beyond influences that might be high profile in the current moment.

- (1) ["Deadly by Design" 2022](#)
- (2) [New research shows how TikTok and YouTube Shorts are bombarding users with misogynist content | Dublin City University](#)
- (3) [Mayor launches campaign to help end violence against women and girls | London City Hall](#)
- (4) [Fear and injustice: the harrowing reality of sexual harassment and assault for young women in London](#)
- (5) [Youth Voice Survey 2018](#)
- (6) [Tender's Teacher Toolkit: Ending Gender-Based Violence and Abuse in Young People's Relationships](#)

Tender's [Misogyny](#) resource gives important information about terminology, the roots and impact of misogyny and ways in which to challenge it.

The story referred to on page 8 can be found [here](#): contains reference to suicide

The PSHE Association provides this [free guide for schools](#) on teaching healthy relationships and the influence of social media.

[Misogyny in schools - Guidance for teachers | Internet Matters](#) gives helpful advice on tackling the topic in schools.

BBC Radio have a range of programmes and broadcasts to support educators in developing their knowledge about toxic masculinity, the rise of misogyny, and influencers including Andrew Tate. (Please see above note about the importance of avoiding perpetuating the influence of individual influencers)

[Woman's Hour - Female conductors. Talking to children about Andrew Tate. Jenny Beavan. FGM and Pub birth. - BBC Sounds](#): From 02.20 - 24.40, with expert advice for parents, carers and teachers on how to discuss these issues with young people.

[5 Minutes On - Andrew Tate - the impact of the divisive influencer - BBC Sounds](#): A 5 minute radio broadcast

[The Global Story - Andrew Tate effect: Is misogyny on the rise? - BBC Sounds](#): A 26 minute programme

Sources of Support

As well as providing support for your students, we recognise that tackling subjects raised in *Frankenstein* (AHRL) can also have an impact on the wellbeing of the staff delivering the material. We encourage you to take a team-based approach to planning and delivering the material, and to seek support from your Designated Safeguarding Lead (DSL) where necessary. You may wish to plan your own debrief session(s) to discuss, evaluate and reflect on the work you have achieved in this project, utilising support available in your own school, trust or local authority.

Mental Health

[Childline](#) is a 24-hour service for anyone in the UK up to the age of 19 to discuss anything they are struggling with or unsure about. It is completely anonymous, free, will not show up on any phone bill. It also offers Signvideo for those who are deaf or have a hearing impairment.

Call **0800 1111** or webchat at www.childline.org.uk

[The Mix](#) is the UK's leading support service for young people under 25 and they provide support via their online community, on social media, or through their counselling service. They also offer support via their phone line.

Visit www.themix.org.uk or call **0808 808 4994**

Grief

[Winston's Wish](#) provides bereavement support for children and young adults

[Child Bereavement UK](#) has short films, digital resources, an online chat and other sources of support for young people, carers and teachers who are navigating grief together

[Dealing with grief and loss | Mental health advice | YoungMinds](#)

[Secondary & Young Adults - Grief Encounter](#)

Healthy Relationships and Masculinity

[Tender](#) have supported the creation of this learning guide and offer a range of resources to support the teaching of healthy relationships.

[Toxic Masculinity And Mental Health | Real Stories | YoungMinds](#)

[Understanding Toxic Masculinity: How to have more Positive Views on Masculinity - Life Lessons](#)